The County of Kern medical plans generally require the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact your medical plan. For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from the County of Kern medical plans or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact your medical plan.

For medical plan information visit go to www.kerncountyhealthbenefits.com or contact your medical plan customer service.

Medical Plans Customer Service Numbers:

Kern Legacy Health Plan: 1-855-308-5547
County of Kern EPO plan: 1-888-587-8810
Kaiser Permanente: 1-800-464-4000
County of Kern POS plan: 1-855-537-6767

If you need additional information, contact Kern County Human Resources - Health Benefits at (661) 868-3182.